

# Union School District

### **UNION HIGH SCHOOL**

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## UNION JR./SR. HIGH SCHOOL INJURY WARNING

## **GOLF**

#### Possible Catastrophic Injuries

Coaches need to inform their players of the following possible catastrophic injuries:

- (a) Death
- (b) Loss of sight, and
- (c) Coma with varying degrees of paralysis.

#### Warning

Coaches must stress and make their golfers aware that the most prevalent cause of catastrophic injury is positionary and that the equipment used by the golfer is the primary potential cause of catastrophic injury. A combination of the hardness of the golf ball and the clubhead speed of these objects during performance creates an environment for potential injury.

Golfers need to be informed of the danger of a ricochet when playing a shot where an object is close and is near to the intended line of flight. When this danger is presented, golfers should be instructed to aim a comfortable, safe distance from the object. The golfer should inform other golfers of the possibility of a ricochet so they may seek a safe location and be alert to the flight of the ball.

Activity	Possible Injury	Causes	Prevention
Practice tee, teeing off, course play	Loss of sight, coma, death	Being struck by a club or ball	Alertness and instruction on standing in a safe location out of possible line of flight of the ball or a thrown club.
Drills	Loss of sight, coma, death	Being struck by a club or ball	Practice and drills performed in organizational patterns where a ball hit or a club swung or thrown cannot hit another golfer.
Ricochet	Loss of sight, coma, death	Being struck by a ball	Golfers making each other aware of possible ricochets so non-hitting golfers may seek a safe location. The golfer hitting the ball should be instructed to aim a comfortable safe distance from the object.